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**Toronto, July 2, 2010:** The Manager of Tax Optimized Return Oriented Securities Trust (“TOROS”) today announced the Trust’s regular monthly distributions to holders of Income Securities (TSX: TO.A) and ROC Securities (TSX: TO.UN). Distributions are payable August 3, 2010 to holders of record on July 15, 2010.

TOROS invests in an actively managed diversified portfolio consisting primarily of income funds, including commodity-based trusts, operating business trusts, REITs and power and pipeline trusts. TOROS securities are eligible as Canadian content. TOROS is managed by Lawrence Asset Management Inc.

**Distribution Details**

Distribution per Income Security (TSX: TO.A):	\$0.04916
Distribution per ROC Security (TSX: TO.UN):	\$0.0425
Ex-Dividend Date:	July 13, 2010
Record Date:	July 15, 2010
Payment Date:	August 3, 2010